

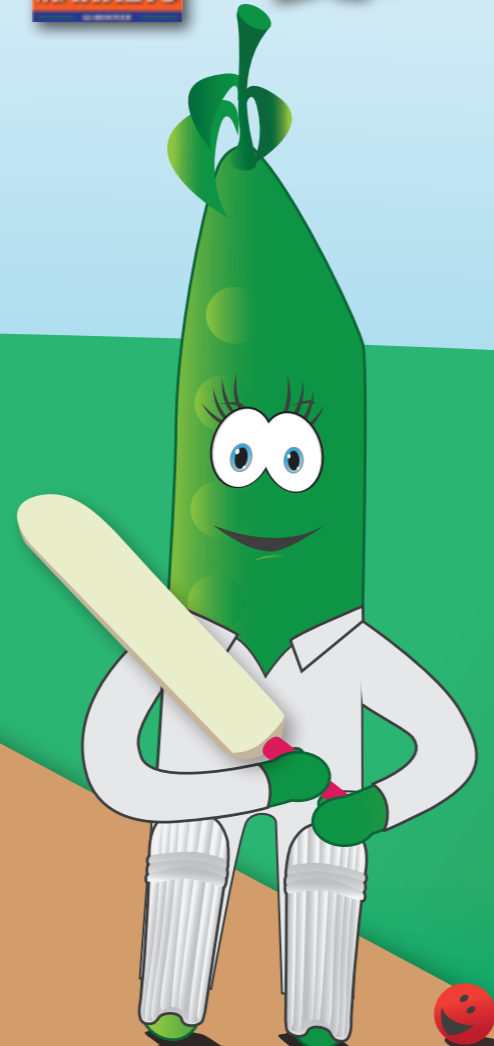
ACTIVITY 1: Sophie's Fruit & Veg Crossword!
Use the picture clues to solve the crossword below!

Hey there! My name is Sophie and I'm one of the BFFM Friends!

My favourite colour is purple and I enjoy reading and learning about History at school. I like to sing and dance, but I'm too shy to dance in front of my friends.

In my spare time I like to cook healthy recipes with Alana, go for walks or read in the park. After school, I play cricket for my local club. One day I would like to play for Australia and encourage other girls to play!

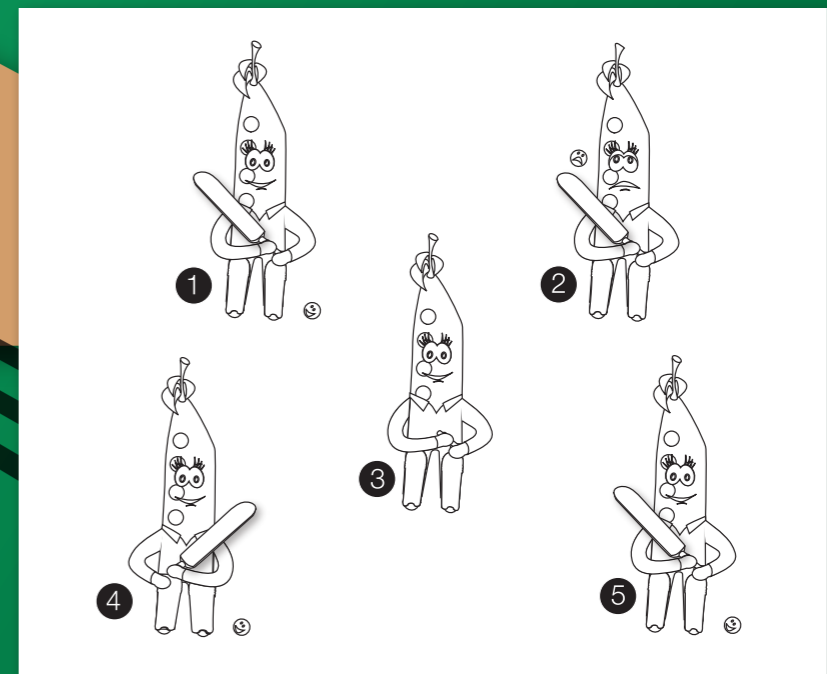
Sophie XOx



ACROSS 1 2 3 4

DOWN 1 5 6 7

ACTIVITY 2: Spot the difference!
Can you find the two pictures of Sophie below that are exactly the same?



DID YOU KNOW?

Calcium is a mineral that helps strengthen your bones and teeth. These are foods like milk, cheese, yoghurt contain calcium.

We recommend that you should have 2 to 4 servings a day!



FUN FACTS!

There are 336 dimples on a golf ball!

